**OUR MESSAGE TO YOU**

Over the past year, the road to recovery has been extremely challenging; full of lots of twists and turns. Despite pandemic detours and roadblocks, we have remained on course to provide education, support, assistance, and treatment to individuals through every age and stage of life.

Special thanks to our funders, donors, board members, and the community for staying by our side as we have successfully navigated these bumpy roads to recovery. We adapted and responded to new scenarios and new challenges and continue to offer the highest levels of integrated care. Our professional staff continued to provide steadfast assistance and treatment to those with mental illness and substance use disorders; and proudly, we were chosen for numerous innovative, integrated, and trailblazing health initiatives.

For over 45 years, Preferred Behavioral Health Group has been a trusted partner and integral part of the community. Our organization continues to work tirelessly to stay connected with the most vulnerable to make sure that no one ever feels isolated, lost, or alone.

Again, thanks for your unwavering support as we move forward helping individuals improve their health and wellness...changing lives and saving lives every day!

With sincere appreciation,

Mary Pat Angelini  
*Chief Executive Officer*

Grace M. Hanlon  
*Chair, Board of Trustees*

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**In Memoriam**

Joe Miller was a passionate advocate, friend, and supporter of Preferred Behavioral Health Group (PBHG). A Board of Trustees member for many years, his wisdom, strength, and empathy helped shape and guide us.

Joe was instrumental in PBHG being designated an inaugural partner with Hackensack Meridian Health School of Medicine with the Ocean University Medical Center Psychiatry Residents. The residency program supports future psychiatrists across many of our programs.

Joe’s career contributions in support of those with mental health and substance use challenges have had a far-reaching impact. His legacy will live on for generations to come. We are so very grateful for his contributions, and we mourn his loss.

**Joseph A. Miller, PhD**  
1959-2021
CHANGING LIVES...SAVING LIVES

In Their Own Words:

From our Youth and Family Services

I am 17 now. When I first started here, I was depressed and had a lot of anxiety. I did not want to be around people and isolated myself, and because of this I did not attend school for 1 year. Being at Preferred helped me with my self-esteem, confidence, getting me out there, managing anxiety and depression. They taught me how to open up to friends and family.

Dear M: I am so lucky that I got you and no one else! I really look forward to seeing you every week...thank you for teaching me everything I need to know and helping me be myself.

My child’s therapist is wonderful, my child has gotten much better. I cannot say enough nice things about all the people at the center.

From our Adult Services

I am always treated with respect and courtesy — not as a “warehoused mentally ill and disturbed client”.

My caseworker goes above and beyond every step of the way for me. He listens to everything I have to say and tries his best to answer if he can. I am extremely happy for his help at this time of my life.

Today, I have 1 year 3 months and 13 days clean and sober, no breaks, no vacations, and no days off. This is the most amount of sobriety I have put together since before I was a teenager. The STAR Program and its staff are a blessing for individuals such as myself and I really hope they continue to provide this service to the next hopeless person struggling and suffering seeking help.

MISSION

To deliver quality and compassionate behavioral health services to individuals and families through a Trauma Informed Care philosophy and approach.

To be a center of excellence that focuses on innovative and integrated wellness through compassionate care.

VISION

VALUES

Compassion, honesty, accountability, integrity, transparency, safety, diversity and inclusion.

PROMISE

To change lives and save lives through a strengths-based approach, partnering with individuals to help achieve their full potential and enhancing their quality of life.
ROAD TRIP TO RECOVERY

Curves and detours did not deter us from overcoming challenges, but rather strengthened our commitment and presented new opportunities.

Innovation, Integration, and Inspiration!

On our Road to Recovery this year, through new partnerships and grants, we expanded and integrated services and support.

- Certified Community Behavioral Health Clinic
- Horizon Integrated System of Care Program
- Brookdale Community College Peer Recovery Specialist Partnership
- LifeSet, a program of Youth Villages
- Brick Cares, counseling for Brick Township students
FISCAL YEAR 2021

Revenue
$28,612,028
FY 2021 Revenue by Sources of Funding

- Individual/Family Fees 40%
- Other 2%
- Grants 58%

Expense
FY 2021 Expenditure by Expense Categories

- Programs and Direct Services 88%
- Administration 12%

FY 2021 Revenue by Sources of Funding

- Individual/Family Fees 40%
- Other 2%
- Grants 58%

For every $1.00 received, $.88 goes directly to those we are serving.

100,000 telehealth and in-person visits and 30,000 individuals served from birth to seniors in 70 specialized programs by 450+ certified and professional staff members at 15 locations (and virtually!)

TO EXCELLENCE!

Monmouth Ocean Development Council Silver Gull Award

New Jersey Association of Mental Health and Addiction Agencies

Stacy Welch: Pivotal Leader in Children's Services
Nicole Dorrity: Inspiring Peer Leader

Mental Health Association in New Jersey Hero Award: Danielle Farrell

NJBIA Executive of the Year: Mary Pat Angelini

NJBIA Forty Under 40: Valerie Ortense

Platinum Transparency through GuideStar
THANK YOU!

For Supporting Us on the Journey... to Recovery!

We extend our heartfelt thanks to our donors, community groups, foundations, businesses, partner organizations, and all of the individuals who recognize the critical importance of behavioral health and helped sustain us this year. We are grateful to be part of such a caring community.

Grants and donations from foundations and community partners helped us stock up on needed health and safety items, food, clothing, practical items, toys, and more.

Our annual golf outing honoring New Jersey Natural Gas was a tremendous success, and we thank all of the golfers and sponsors!

Thanks to Jersey Shore iconic entertainer Billy Lawlor for continuing his support by performing a virtual holiday benefit concert to support our programs and services.
Recovery is Possible

Mary Pat Angelini
Chief Executive Officer

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Vice President of Adult Services

*pCARF has accredited PBHG for the following programs: Partial Care and Intensive Outpatient and Outpatient Substance Use services for adults, Outpatient and Partial Care Mental Health services for adults, Preferred Center for Children and Families, SAIL and Preferred Employment Services

preferredbehavioral.org