

Bullying & Cyberbullying Prevention: Resources

[National Association of Media Literacy and Education](#)- Media literacy resources for parents and their kids.

[Cyberbullying Info & Resources](#)- Digital and Cyberbullying awareness for parents.

[Bullying and Cyberbullying Info & Resources](#)- School safety, bullying and cyberbullying education and resource referral.

[CDC Youth Violence Prevention Resources](#)- Youth violence and bullying information and resources.

[VetoViolence- CDC](#)- CDC developed website that provides information, tools, trainings, and resources for school violence and bullying.

[General Violence prevention- CDC](#)- CDC developed website offering an array of information and resources on various types of violence including ACE's and sexual, community, and intimate partner violence.

[StopBullying](#)- Bullying and Cyberbullying education and resources.






[Adverse Childhood Experiences \(ACE's\)](#)- ACE's and their impact on youth development explained by the CDC.

[Bullying as an Adverse Childhood Experience](#)- Article explaining how bullying can result as an ACE.

[Partnership to End Addiction's Parenting Skill Building Course](#)- An easy accessible course designed to help parents understand their child's behavior and how to help them make healthy choices.

[Contact the Partnership via call, text, or email to talk to a specialist that can help](#)

Upstander Actions

-  Question the bullying behavior
-  Change the subject
-  Walk with the person being targeted
-  Walk up to the interaction with a group
-  Reach out privately afterward to offer support