

Youth Loneliness and Social Isolation Presentation

Resources from [Partnership to End Addiction](#)

[Support for Parents and Caregivers](#)- Partnership to End Addiction's free, confidential, and personalized support services.

[A Parent's Guide to Raising Resilient Kids](#)- Partnership to End Addiction's guide for families and caregivers on communication and parenting strategies for raising a resilient kid.

[Playbook for Parents of Pre-Teens](#)- Skill building to protect your tween from the challenges they may face.

[Playbook for Parents of Teens](#)- Skill building to protect your teen from the challenges they may face.

[Substance Use Risk Assessment Tool](#)- Partnership to End Addiction's tool to help you better understand the risks your child may face related to mental health and substance use and resources and strategies to help you intervene effectively. Please note that this is not a diagnostic tool and that it is also available in Spanish.

Other Resources

[Surgeon General's Report](#)- *Our Epidemic of Loneliness and Isolation: Advisory on the Healing Effects of Social Connection and Community.*

[Child Mind Institute](#)- The family resource center provides information for caregivers on how to support their children who are struggling with mental, behavioral, and/or learning challenges.

[Common Sense Media](#)- Technology and media recommendation resource for families.