



NJ Statewide Student Support Services (NJ4S)

For Youth:

WHAT IS NJ4S AND HOW DOES IT BENEFIT ME?

The NJ4S - Statewide Student Support Services program provides emotional support and services that help to prevent a personal crisis for youth (middle and high school students) and their parents or caregivers.

The programs are designed to help you:

- Boost your academic success
- Prioritize your emotional wellness
- Expand & improve your social connections and relationships
- Promote peer & community support
- Visualize a thriving future

HOW DOES IT WORK?

Local hubs, located across the state, will send staff out to you, to provide these services in schools and other trusted community locations, through workshops, group activities, events, and more. Staff from the hubs will be trained to offer information and support on topics such as the prevention of violence, bullying, suicide and substance use, in addition to guidance on sexual health, emotional development and other issues identified by your school and community.



HOW DO I GET HELP?

Speak to principal or school counselor and they will know who your NJ4S school representative is. The school representative can reach out to the local NJ4S hub for programming. To learn more, you can visit NJ4S online.



LEARN MORE AT:

<https://nj4s.nj.gov>

For questions
and feedback:

nj4sfeedback@dcf.nj.gov



NJ4S services include the following:

	UNIVERSAL SUPPORTS	SMALL GROUP PROGRAMMING	BRIEF CLINICAL INTERVENTION
AVAILABLE:	<ul style="list-style-type: none"> Public In-Person, Online, Virtual Students and their families: <ul style="list-style-type: none"> Pre-K to Grade 12 School Staff 	<ul style="list-style-type: none"> Students and their families in grades 6-12* in middle and high schools. <small>*Including students in 6th-8th grade in K-8 schools</small> Middle and high school staff 	<ul style="list-style-type: none"> Students and their families: <ul style="list-style-type: none"> Grade 6-12 School Staff
DESCRIPTION:	<ul style="list-style-type: none"> Activities such as curriculum efforts, workshops, webinars, assemblies and training These services can include linkages/partnerships with existing community resources (e.g., Family Success Centers) 	<ul style="list-style-type: none"> Evidence-based, targeted prevention intervention, typically delivered in small groups Schools may be connected to existing programs implemented within the community 	<ul style="list-style-type: none"> Evidence-based, targeted prevention intervention, typically delivered for individuals Assessment and brief individualized clinical interventions in-person or via telehealth Clinicians are also available for consultation with school staff or for brief counseling/referral for family members
REFERRAL REQUIRED:	No	Yes - Through the NJ4S System	Yes - Through the NJ4S System

Visit the NJ4S Online Portal Today to access supports for your school and community! <https://nj4s.nj.gov>